



A Warm Welcome to
ST MARY'S PARISH CHURCH
with the Seckford Chapel
Woodbridge

8 DECEMBER 2019 – 2ND SUNDAY OF ADVENT

Feelings of guilt, we are warned, are a negative influence which can damage confidence and become a hindrance in developing a full relationship with God.

Yet I constantly feel the guilt of omission when asking myself:-

Is God really at the centre of my life?

Do I make time to read the Bible and books on spirituality and then reflect on what I have read?

Is my excuse of being always busy preventing me from giving myself to God in prayer and listening for his voice?

I recently came across John Wesley's Rule which appeals to me, and could be a starting point, which if I could attempt to follow might put me on the path towards building that better relationship with God, my Creator and Jesus my Redeemer.

GOOD DEEDS

JOHN WESLEY'S RULE

Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can

Jill Richardson

READINGS

For 8 a.m. and 10 a.m. only

Isaiah 61.1-3

¹The spirit of the Lord GOD is upon me,
because the LORD has anointed me;
he has sent me to bring good news to the oppressed,
to bind up the broken-hearted,
to proclaim liberty to the captives,
and release to the prisoners;
²to proclaim the year of the Lord's favour,
and the day of vengeance of our God;
to comfort all who mourn;
³to provide for those who mourn in Zion –
to give them a garland instead of ashes,
the oil of gladness instead of mourning,
the mantle of praise instead of a faint spirit.
They will be called oaks of righteousness,
the planting of the LORD, to display his glory.

Mark 10.13-16

¹³People were bringing little children to him in order that he might touch them;
and the disciples spoke sternly to them. ¹⁴But when Jesus saw this, he was
indignant and said to them, 'Let the little children come to me; do not stop
them; for it is to such as these that the kingdom of God belongs. ¹⁵Truly I tell you,
whoever does not receive the kingdom of God as a little child will never enter it.'
¹⁶And he took them up in his arms, laid his hands on them, and blessed them.

For 6.30 p.m. only

Isaiah 11.1-10

¹A shoot shall come out from the stock of Jesse,
and a branch shall grow out of his roots.
²The spirit of the LORD shall rest on him,
the spirit of wisdom and understanding,
the spirit of counsel and might,
the spirit of knowledge and the fear of the LORD.
³His delight shall be in the fear of the LORD.

He shall not judge by what his eyes see,
or decide by what his ears hear;
⁴but with righteousness he shall judge the poor,
and decide with equity for the meek of the earth;
he shall strike the earth with the rod of his mouth,
and with the breath of his lips he shall kill the wicked.
⁵Righteousness shall be the belt around his waist,
and faithfulness the belt around his loins.
⁶The wolf shall live with the lamb,
the leopard shall lie down with the kid,
the calf and the lion and the fatling together,
and a little child shall lead them.
⁷The cow and the bear shall graze,
their young shall lie down together;
and the lion shall eat straw like the ox.
⁸The nursing child shall play over the hole of the asp,
and the weaned child shall put its hand on the adder's den.
⁹They will not hurt or destroy
on all my holy mountain;
for the earth will be full of the knowledge of the LORD
as the waters cover the sea.
¹⁰On that day the root of Jesse shall stand as a signal to the peoples; the nations
shall inquire of him, and his dwelling shall be glorious.

Matthew 3.1-12

¹In those days John the Baptist appeared in the wilderness of Judea, proclaiming,
²'Repent, for the kingdom of heaven has come near.' ³This is the one of whom
the prophet Isaiah spoke when he said,
'The voice of one crying out in the wilderness:
"Prepare the way of the Lord,
make his paths straight."' ⁴Now John wore clothing of camel's hair with a leather belt around his waist,
and his food was locusts and wild honey. ⁵Then the people of Jerusalem and all
Judea were going out to him, and all the region along the Jordan, ⁶and they
were baptized by him in the river Jordan, confessing their sins. ⁷But when he saw
many Pharisees and Sadducees coming for baptism, he said to them, 'You brood
of vipers! Who warned you to flee from the wrath to come? ⁸Bear fruit worthy of
repentance. ⁹Do not presume to say to yourselves, "We have Abraham as our
ancestor"; for I tell you, God is able from these stones to raise up children to

Abraham. ¹⁰Even now the axe is lying at the root of the trees; every tree therefore that does not bear good fruit is cut down and thrown into the fire. ¹¹I baptize you with water for repentance, but one who is more powerful than I is coming after me; I am not worthy to carry his sandals. He will baptize you with the Holy Spirit and fire. ¹²His winnowing-fork is in his hand, and he will clear his threshing-floor and will gather his wheat into the granary; but the chaff he will burn with unquenchable fire.'

10 a.m. PARISH EUCHARIST

THE GATHERING

HYMN 15

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

The Greeting

The Lord be with you

All **and also with you.**

The Blessing of the Advent Candle

Lord Jesus, light of the world,
the prophets said you would bring peace
and save your people in trouble.

Give peace in our hearts at Christmas
and show all the world God's love.

All **Amen.**

The second Advent candle is lit.

Invitation to confession

Jesus is the Good Shepherd:

in every generation he raises up overseers,

to shepherd the Church of God that he obtained with his

own blood.

cf Acts 20.28

We are sinners:

let us call to mind the times when we have failed to hear his voice
and not followed where he has led.

A moment of quiet

All **Father eternal, giver of light and grace,
we have sinned against you and against our neighbour,
in what we have thought,
in what we have said and done,
through ignorance, through weakness,
through our own deliberate fault.
We have wounded your love
and marred your image in us.
We are sorry and ashamed,
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past;
and lead us out from darkness
to walk as children of light.
Amen.**

Kyrie Eleison

All **Lord, have mercy.
Lord, have mercy.

Christ, have mercy.
Christ, have mercy.

Lord, have mercy.
Lord, have mercy**

The president says

May the God of love and power
forgive you and free you from your sins,
heal and strengthen you by his Spirit,
and raise you to new life in Christ our Lord.

All **Amen.**

The Collect for St Nicholas

Almighty Father, lover of souls,
who chose your servant Nicholas
to be a bishop in the Church,
that he might give freely out of the treasures of your grace:
make us mindful of the needs of others
and, as we have received, so teach us also to give;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All **Amen.**

THE LITURGY OF THE WORD

Reading

Isaiah 61.1-3

At the end

For the word of the Lord.

All **Thanks be to God.**

Gospel Acclamation

Alleluia, alleluia.

I am the good shepherd:

I know my own and my own know me. *John 10.14*

All **Alleluia.**

HYMN 5

Gospel Reading

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to Mark.

All **Glory to you, O Lord.**

Mark 10.13-16

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

The Address

Affirmation of Faith

Let us affirm our common faith in Jesus Christ.

Do you believe and trust in God the Father,
source of all being and life,
the one for whom we exist?

All We believe and trust in him.

Do you believe and trust in God the Son,
who took our human nature,
died for us and rose again?

All We believe and trust in him.

Do you believe and trust in God the Holy Spirit,
who gives life to the people of God
and makes Christ known in the world?

All We believe and trust in him.

This is the faith of the Church.

**All This is our faith.
We believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

Prayers of Intercession

At the end

**All Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

THE LITURGY OF THE SACRAMENT

The Peace

In the tender mercy of our God,
the dayspring from on high shall break upon us,
to give light to those who dwell in darkness
and in the shadow of death
and to guide our feet into the way of peace.

cf Luke 1.78,79

**All The peace of the Lord be always with you
and also with you.**

All may exchange a sign of peace.

HYMN 495

during which the bread, wine and collection are gathered and presented.

After the hymn has ended the president will say

Blessed are you, Lord God of all creation:
through your goodness we have this bread to set before you,
which earth has given and human hands have made.
It will become for us the bread of life.

All Blessed be God for ever.

Blessed are you, Lord God of all creation:
through your goodness we have this wine to set before you,
fruit of the vine and work of human hands.
It will become for us the cup of salvation.

All Blessed be God for ever.

Eucharistic Prayer

The president says

The Lord be with you

All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

And now we give you thanks
for the work of your grace in the life of Saint N.
As a shepherd of your flock he imitated your Son,
inspired us by his life
and taught us by his preaching.

It is indeed right and good,
our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God,
through Jesus Christ our Lord.

Today we honour Nicholas who in your loving providence
enabled your Church to grow in spirit as the body of Christ.
To your children he faithfully proclaimed the good news of salvation

and nourished them by ministering your sacraments.
Through a pastor's love he led your people to share your grace
and witness to the world
in the communion of one true faith
and in the work of selfless charity.
On this his feast, we join with him to praise you
and in the company of angels and all the host of heaven
we sing for ever of your glory:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith.

All **Christ has died:**
Christ is risen:
Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with the Blessed Virgin Mary, to whom this church is
dedicated, St Edmund, St Nicholas and all the saints
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

All **Amen.**

A moment of quiet

The Lord's Prayer

As our Saviour taught us, so we pray:

All **Our Father, who art in heaven,**
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,

for ever and ever.

Amen.

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Giving of Communion

Come to this table not because you must but because you may.
Come not because you have all faith but because you have some faith and
would like to grow.
Come because you love the Lord and would like to love him more.
Come because all is ready and because we are his body, and it is Jesus
who invites you!

All **Together we will come.**

All **Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
give us your peace.**

The clergy, servers, choir and congregation receive communion.

*The congregation regardless of denomination is invited to receive the
Communion or, alternatively, a Blessing. The Communion is administered by
Elders; commissioned by the Bishop.*

ANTHEM Dearest Lord Jesus - Bach

HYMN **282**

Prayer after Communion

All **God, shepherd of your people,
whose servant Nicholas revealed the loving service of Christ
in his ministry as a pastor of your people:**

by this eucharist in which we share
awaken within us the love of Christ
and keep us faithful to our Christian calling;
through him who laid down his life for us,
but is alive and reigns with you, now and for ever.

Amen

THE DISMISSAL

HYMN 12

The Blessing

May the road rise up to meet you,
May the wind be always at your back,
May the sun shine warm upon your face,
May the rains fall softly upon your fields.
Until we meet again,
May God hold you in the hollow of his hand.
and the blessing of God almighty,
the Father, the Son and the Holy Spirit,
be among you and remain with you always.

All Amen.

Go in the peace of Christ.

All Thanks be to God.

FOR THOUGHT AND PRIVATE PRAYER

A prayer for the 2019 General Election

God of grace and truth,
send your Spirit to guide us
as we discover your will for our country.
Help us to discuss the issues before us
with courtesy, truth and mutual respect,
and grant that all who stand for parliament
will seek to serve the common good,
through him who came not to be served but to serve,
Jesus Christ our Lord.
Amen.

- ❖ For our Director of Music, and our organists and Choir and for all who are dedicated to making music.
- ❖ For those who work in our local industrial estates.
- ❖ For voluntary organisations, particularly those caring for the homeless and the disadvantaged.
- ❖ For Bertie, Chris Bennett, Cynthia Bennett, Jordan Boss, Janet Burton, Christopher, Derek, Derek Cole, Phyllis Davis, Beryl Dyer, James and Jacob, Katy, Lindsay, Pat O'Hagan, Febe Pipe, Ray, Gwynneth Rhys-Jones, Roger, Joy Shipton, Amanda Slade, Katie Smith, Sheila Spencer-Gregson, Iris Stock, Maureen Thompson, Jennifer Workman, Joyce Whale and all who are unwell.
- ❖ For John Freeman Reed Wilson and for Kim Denise Irwin, whose funerals took place last week.
- ❖ For Shirley Ann Gooch, whose funeral is in church, 1500 Thursday 12th December 2019 followed by private cremation.
- ❖ For Phyllis Yvonne Emerson, whose funeral is 1200 on Monday 23rd December 2019 at Seven Hills Crematorium.
- ❖ For Lyndsey Kemp whose funeral is at Chelmsford Crematorium, 1330 Friday 10th January 2020, at which the Rector is officiating.
- ❖ For Ann, who has died.
- ❖ For Brian Bowbrick, who has died.
- ❖ For Kevin Patrick Dillon, for whom a Service of Thanksgiving will be held in church 1500 on Friday 3rd January 2020.

DIARY

TODAY – ADVENT 2

0800 Holy Communion
 1000 Parish Eucharist
 1530 Masonic Carol Service
 1830 Evensong

Monday

0800 Morning Prayer
 1400 Rehearsals for
 1900 Woodbridge School Concert

Tuesday

Farlingaye School in church all day

0800 Morning Prayer
 1100 Churchwarden's Meeting
 (Rectory)

1345 Intercessory Prayer Group
 1800 Farlingaye Carols
 1930 PCC
 1930 Bellringers practice

Wednesday

Christmas Tree arrives

0800 Holy Communion
 1030 Morning Prayer (Seckford)
 1430 Seckford Carol Service
 2000 Contemplative Prayer
 (4 Saxon Way)

Thursday

1000 Holy Communion
 1430 MU Carols and Readings

1500 Funeral – Shirley Gooch
1630 Organ Lesson (Church)
1830 Choir practice

Friday

0800 Morning Prayer
1000 St Mary's School
Christmas Service
1100 Ext'd Communion (Grove Ct)

Saturday

0900 Morning Prayer

NEXT SUNDAY – ADVENT 3

0800 Holy Communion BCP
1000 Parish Eucharist
followed by Bring & Buy
1145 Holy Communion (Seckford)
1830 Compline

READINGS FOR NEXT SUNDAY: Isaiah
11.1-10, Romans 15.4-13, Matthew 3.1-12

NOTICEBOARD

CHRISTMAS TREE Our Christmas tree annually gifted anonymously will be arriving Wednesday morning, 11th, and we would be grateful for any help you can give in putting it up and decorating it.

CONTEMPLATIVE PRAYER – the next meeting is on Wednesday 11 December at 8pm at 4 Saxon Way. All Welcome. Contact is Michael Stagg 387280

ST MARY'S MOTHERS UNION will be holding their **Carols and Readings Service** on **Thursday 12th December** in the Church Centre at **2:30pm**. If you fancy an afternoon of singing and hearing the Christmas story through readings please come, you will be made most welcome.

This is our last meeting of the year and we wish everyone a Happy 'Healthy' Christmas and New Year.

READERS NEEDED! We are very short of readers for Evensong. If you can help, please speak to Joanne Lovett or email her jo.lovett@btinternet.com. Thank you.

WOODBIDGE DEMENTIA PROJECT'S COMMUNITY CHRISTMAS CELEBRATION The Woodbridge dementia project Christmas activity for the older people of Woodbridge 11th December 13.15 – 15.45 at the Community Hall. It is an afternoon of singing, quizzes and activities with refreshments provided. All free of charge. Children from local schools singing carols and joining in with the activities.

CHRISTMAS LUNCH: If you are able to offer Christmas Lunch to someone otherwise alone, please would you let Veronica or Barbara (Churchwardens) know?

ADVENT SUNDAY: Follow the Star 12 Days of Christmas Wonder offers daily reflections for each between Christmas Day and 5th January.

Each reflection includes an introduction to the day's theme, a short Bible passage, a practical challenge to bring the theme alive and a short prayer. There are also ideas for sharing the journey with friends and family and links to further resources. Wherever you are on your own journey, *Follow the Star* will help you see your life afresh through the life of the Christmas star, a sign of God's hope and promises.

The booklet is being offered as a gift by a member of the congregation. We began distributing last Sunday. If you weren't here, please take one with you today, and if you

would care to bring £1 with you next time you are in church then your contribution will be gifted to church funds.

Reverse Advent Calendar Project 2019 - This year we are launching a **reverse** advent calendar in support of the Ipswich Night Shelter. During advent many people receive a daily treat, usually in the form of chocolate as they count down to Christmas day. However, for those that do not have a permanent home, Advent is not always a happy time. It can be cold, lonely and desperate. The idea behind the project is that every day in Advent while we may receive a treat, we can also **give** something to those less fortunate. We are asking people to fill a shoe box with items (a list of suggested items is at the back of church) wrap and bring to church for 15th December. If you are not able to fill a box but would like to donate some items, there will be a collection box under the table at the north entrance. We will then use these items to make up additional boxes. If you would like any more information or to discuss the project, please find me after church. Thank you for your support, Charlotte Gooch and Junior Church.

RECTOR:

The Revd Canon Kevan S McCormack
St. Mary's Rectory, 11 Church Street
Woodbridge IP12 1DS
(Day off – Monday)
Telephone & Fax: 01394 610424
rector@stmaryswoodbridge.org

ORGANIST & CHOIRMASTER:

Mr. Bob Peggall BEM
Telephone: 01394 386822

For pastoral enquiries, when the Rector is not available, please contact one of our Retired

Priests:

The Revd Dr John Hare 01394 387151
The Revd Peter Wintgens 01394 382097
The Revd Siw Carlsson 01394 383596

THE PARISH OFFICE

St. Mary's Church Centre,
11 Market Hill, Woodbridge IP12 4LP
Telephone: 01394 388820
parish.office@stmaryswoodbridge.org
Open: Monday, Tuesday, Thursday, and Friday
from 10 a.m. to 5 p.m., with a break at
lunchtime

ST. MARY'S CHURCH CENTRE:

11 Market Hill, Woodbridge IP12 4LP
Telephone: 01394 383000
Shop Open: Mon, Tues, Thurs & Fri 1000-1600
Wed & Sat 1000-1300 *and after the 10 a.m.*
service on Sundays
TO BOOK A ROOM, please contact the
Bookings Secretary Telephone: 01394 383257
or parish.hall@stmaryswoodbridge.org

- ◆ In case of fire, the congregation are to follow the instructions of the officiant.
- ◆ Wheelchair access via the South Door
- ◆ A first aid box is available in the Clergy Vestry, in the kitchen area under the Tower and in St. Mary's Church Centre
- ◆ An induction loop operates during all services at St. Mary's.
- ◆ CCTV 24 hour operation
- ◆ CLA Church Licence No. 735556
- ◆ Registered Charity No. 1129672
- ◆ We ask that parents kindly take responsibility for the care of their children.
- ◆ Please make sure your mobile phone is switched off.
- ◆ For members of the congregation who pay tax and like to give to the collection by means other than the covenanted Gift Aid envelope, special envelopes and pens are available at the back of church.
- ◆ Please be aware of steps and uneven surfaces throughout the building

ORDERS OF SERVICE FOR TODAY

8 am - HOLY COMMUNION

We follow the order of service from Common Worship. The service begins on page 207 preceded by the Blessing of the Advent Candle, and the collect is on page 450. The Revd Dr John Hare will preside and preach.

10.00am - PARISH EUCHARIST

The Revd Canon Kevan McCormack will preside and the Revd Dr John Hare will preach.

Please join us for Coffee after this service

6.30 p.m. EVENSONG

We follow the Order of Service from the Book of Common Prayer (Common Worship). The Revd Peter Wintgens will officiate and preach at this service.

Opening Sentences p. 59

Introduction p.72 ⇒

Psalm – 72 vv1-7, 18-19

Reading: Isaiah 11.1-10

then Magnificat p.76

Reading: Matthew 3.1-12

Nunc dimittis p.77 ⇒ then

The Collect of the Day p. 450

The Collect for Peace p.79

The Collect for Aid against all Perils p.79

Hymn 466

Address

Hymn 7

Prayers

Hymn 499

The Blessing

If you are new to St Mary's, please introduce yourself to the clergy or one of the Churchwardens, who will be delighted to meet you.